

# Union Pulse

Colorado Springs Education Association  
September 30, 2021

## **Help ELECT supportive BOE Candidates - October 9<sup>th</sup> at 9 a.m.—noon**

[Join with your colleagues](#) at North MS and help our candidates get elected. This year, the BOE candidates come from two camps, much like we are seeing throughout the nation. Our candidates support safety in schools, the rights of employees to make decisions concerning their professional work and working conditions, and a way to rebuild and modernize the district. Sign up [here](#) (so we can have enough donuts, coffee, and water) and don't hesitate to bring a friend.

## **Announcements**

### **National Hispanic Heritage Month**

This month-long celebration (September 15- October 15) aims to celebrate and educate the contributions of Hispanic Heritage. For classroom resources, lessons, and activities, click this [link](#).

### **Support Colorado Collective Bargaining**

All working people should have the freedom to join together in strong unions. As public sector workers who serve our local communities, that means having a seat at the table and a say in what happens in our workplaces, so that our families, children, and neighbors can live in thriving communities. Show your support for collective bargaining for public sector workers here in Colorado by signing a letter of support [here](#).

### **Win A Free Set Of Diverse Books For *Every* Classroom In Your School!**

Fill out this [form](#) for a chance to win a free set of books from [Read Across America's 2021-2022 calendar](#). The books are especially chosen to help students of all ages read and grow together as they explore topics related to diversity and inclusion. The deadline to enter is October 7 at 5:00pm eastern time.

 University of Colorado **Anschutz Medical Campus**

You do so much to support your students and the community - how can we help support you?

**[www.coloradoeducatorsupport.com](http://www.coloradoeducatorsupport.com)**

**Teacher/Educator  
Mental Health and  
Support Services**



This past year was hard - social distancing, masks, remote learning. We don't know what this coming year will look like, but maybe we can help you through it.

**Group Sessions and Workshops  
Individual Support Sessions  
Online Self-Paced Program  
Well-Being Support Line (303-724-2500 call/text)**

The Educator Support Program is a free service for all Colorado educators and school employees.  
Professional Development and Graduate Credits Available

Visit **[www.coloradoeducatorsupport.com](http://www.coloradoeducatorsupport.com)** or call **303-724-2500** for more information

In collaboration with the University of Colorado Department of Psychiatry, Partners in Children's Mental Health, Colorado Education Association, Office of Behavioral Health and CDPHE Colorado Spirit.

### **Article of Note**

**[Teachers Are Not OK, Even Though We Need Them to Be:](#)** Administrators must think about teacher well-being differently

**[Strategies for Teaching Students to Estimate:](#)** When students practice rounding numbers and estimating answers to problems, these ideas can guide them to get more precise over time.

**[Tech-Centric, But Not Remote:](#)** Teaching in the Classroom This Year  
Some of the tools and skills that teachers used and developed last year are invaluable in the in-person classroom.

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